

# NUNNINGTON NEWS

For all the People of Nunnington, Ness & Muscoates

**Parish News | Event Calendar | Church News | July / August 2020**



Remember  
Big final NHS clap  
Sun 5 July at 17:00  
See page 3

SOCIAL DISTANCING? NOT IN MY FIELD! AT LEAST ITS NOT GOING TO RAIN (MUCH)

**NUNNINGTON VILLAGE FAMILY SPORTS DAY**  
**SATURDAY 11<sup>TH</sup> JULY**  
**2.30PM – 4.30PM**  
**AT**  
**NUNNINGTON CRICKET FIELD**

**FUN FOR ALL AGES!**  
**Dogs welcome**

**SOCIAL DISTANCE RULES APPLY**

**BYO - PICNIC + REFRESHMENTS**

**Egg + Spoon race**  
**Sack races**  
**Relay races**  
**Obstacle course**  
**Egg & Spoon race**  
**Cakes & Sweets races**  
**Skipping races**  
**Silly walks**  
**Beat the Goalie**  
**Running races**  
**Nellie Wanging**  
**Firefly Comp.**  
**.... And MORE!**

**PLEASE LET TORY, ABBIE OR ANYA KNOW IF YOU CAN JOIN THE FUN! t.harris@nunnington.org / 07771 722 770**

## Returning normality

As lockdown restrictions begin to ease (more on page 14) Tory, Abbie and Anya have grabbed the opportunity presented by the relaxation in the rules to organise a village get together on **11 July**. It will be a wonderful opportunity for a catchup and a bit of fun so come along. Let Tory know you will be there on 07771 722 770 or [t.harris@nunnington.org](mailto:t.harris@nunnington.org)

As usual, elsewhere in this double edition we have lots to keep you informed and entertained.

## Contents

Parish news	2
Farming news	4
Natural Nunnington	6
Nellie's blog	8
Historic Nunnington	9
Creative corner	10
For the spirit	12
Newsletter update	13
Pandemic update	14
Noticeboard	15
Diary	16

## Parish News 1

### Lots of parish news as Lockdown unwinds

#### Parish businesses

News of our local businesses and services returning to normal 

#### Re-openings

##### Nunnington Church

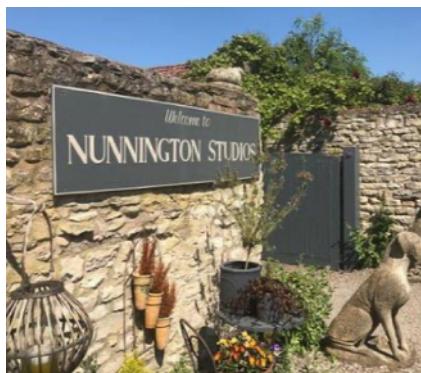


**ALL SAINTS AND ST JAMES'**

Our Church is now open for private prayer **between 10:00 and midday on Sundays.** Sue is hopeful of a quick return to our cherished rhythm of Sunday Services at 11am. Restricted weddings and funerals are also now permitted. [Stop press: see pages 14 and 16 for the latest news].

##### The Old Yard Coffee Shop and Nunnington Studios

The Old Yard Coffee Shop and Nunnington Studios will re-open on **Saturday 4th July.**



**THE OLD YARD COFFEE SHOP**

Things will look a bit different to protect staff and customers so please come prepared to sit out in our beautiful court yard, where there is space to sit two metres apart, and enjoy food and drinks to take outs from our coffee shop.

We will then be open every Wednesday through Sunday, 10-4, (closed on Mondays and Tuesdays).

##### Nunnington Galleries

The Galleries (at the Barn opposite the Church) are now open as follows

- **Thursday to Saturday 11 till 4**
- **Sunday 1 till 5**

Other times by appointment. Call 07900 998242



**PHIL REYNOLDS WITH 'MARGARET'S VIEW'**

New work arriving daily with many pieces featuring the landscape around Nunnington

##### The Pheasant

Jacquie Silk at The Pheasant in Harome kindly took Nunnington under her wing during Lockdown and so its a pleasure to report that The Pheasant will continue with a reduced Phezeroo service for loyal locals.

From **5 July** The Pheasant will offer Sunday lunch for collection as well as a special Friday Night dinner. And from **Monday 6 July** fruit and veg boxes will be available to order every day. Call 01439 771241 or email [reservations@thepheasanthotel.com](mailto:reservations@thepheasanthotel.com) for details.

#### Parish people

Sadly no births to report and thankfully no deaths; plenty of other news none the less

##### Margaret and Marian

Please don't forget the elderly and vulnerable of the parish, especially Marian Rutter, Joan Barr and Margaret Timbrell. They have weathered the storm with flying colours so far and we hope they continue to do so.

Margaret took a short trip to York Hospital at the end of June after a fall and it's wonderful to see her back so soon (and looking so well). She sends a big thank you to everyone who helped her and looked after Katie in her absence.

##### Delicious Fish & Chips

Ken and Enid Metcalf would like to thank he Pheasant Hotel, Harome for the Fish & Chip supper which Enid won in the naming of Dave Wilson's calf, Lucky. They were fabulous.

And Ken is also looking for new home for his collection of **classical and brass band records.** Ken is giving them away so get in touch with him on 07980 342 594 if you would like to have look at what he's got.

## Parish News 2

### Welcome to the Riswicks

A very warm welcome to Sally Riswick and family to their new home in Nunnington

Sally is moving into Eagle Cottage together with grown children Emily and Thomas, friend Rob and golden retriever Harry. Emily and Thomas will be at university most of the time. Sally is looking forward to finding people to play music with, Rob is looking forward to fishing, Harry is looking forward to seeing who gives him the most treats!

They are all very much looking forward to meeting you soon (at Family Sports Day, possibly?)

**Alex Phillips**



ALEX PHILLIPS, LLB

Many, many congratulations, Alex, on graduating from Lincoln University with a First Class Degree in Law. A great achievement. Best wishes for the next phase of your career as you embark on your Masters degree at Leeds.

### Parish events

It seems things are beginning to move again in the parish...

July / August 2020 (amended)

### The Big, Final, NHS Clap

A nationwide clap to thank the NHS takes place on **5 July at 17:00**, in what is intended to become an annual tradition. We are all encouraged to applaud the heroes of the pandemic with family and friends on this, the 72nd anniversary of the NHS.

On **4 July**, the evening before, we are asked to put a light in our windows in remembrance of all those lost to the coronavirus pandemic.

### Please pass the message on!

### Village Hall Committee

Donna reports the Village Hall Committee are planning a long awaited 'pop-up pub' once lockdown restrictions allow; details will be circulated via our Facebook group and website.

Sadly the Nunnington Bash was cancelled. However, Yorkshire Air Ambulance still needs funds and the Committee ask that, if you would have come to the Bash, you make a donation roughly equivalent to the cost of your ticket to [Yorkshire Air Ambulance](#).

### 'Open gardens'

Is Your Garden 'Picture Perfect'? Would you like to show off all the hard work you have put in during Lockdown?



HOW GROWS YOUR GARDEN?

[www.nunningtonvillage.co.uk](http://www.nunningtonvillage.co.uk)

If so, join us on **18/19 July from 14:00 and 17:00** and open your garden or allotment to fellow villagers on either or both days.

Simply display a large visible RED DOT drawn on a piece of paper outside the entrance to your garden or allotment from Saturday morning of that week-end, to show other folk where to visit. You could also put your 'invitation' on our Nunnington FaceBook page.

All welcome to visit or display the fruits of their labours! Speak to Clang for more information.

### Church 100 Club

The 100 Club has been well supported over the years providing some 'surprising' money rewards to members and a contribution to our lovely Church.

As new families and friends have joined the village and surrounds, and others have left, Maggie wants to relaunch the Club. This is however, difficult during COVID and so she is putting things on hold for a short time.

If you have your favourite 'winning' numbers, that's great or you may just wish to start afresh when we reconvene.

### Mobile Post Office

Great news! As of **7 July**, the mobile Post Office returns to Nunnington on Tuesdays so its back to twice weekly visits (see page 16 for details). Thank you, Helen and Gill!!

## Farming News 1

### Potato news and pieces of history from the Rookes at Lodge Farm

#### Spuds Are Us

##### 'A nation that forgets its past has no future'

I can't believe that a year has flown so quickly since we got married in the cricket field here in Nunnington. It was the hottest day of the year and one I will remember and cherish for the rest of my life.



STEPHEN AND JO, JULY 2019

Another date that sticks in my memory is Sunday 19th June, 2005 for very different reasons. The great Nunnington flood!

##### *Who you going to call?*

Nunnington Rescue, of course. It started with a visit to the farm from Ken Metcalf asking for my help to evacuate the bottom street. No-one thought it was possible as it was a beautiful, hot, sunny day.



NEARLY CRISP POTATOES

How wrong we all were. We moved Dickie Clive's heavy desk upstairs then took a tractor and trailer to load Tracey and Andrew Phillip's downstairs furniture.

Three days later Andrew politely asked where his furniture was. I told him ebay! (Joking of course).

##### *Spuds are us!*

I love this time of year when the potatoes start to flower, they are so beautiful. Seeing a full canopy before the 21st June and long flowering is ideal and potential yields look promising at the moment, as you can see in the potatoes destined for a packet of Walkers Sensation Crisps.



FLOWERING POTATOES

#### Top Tip

Great time of year for new potatoes, why not try something different and make some crunchy ones. Heat oven to 200C/fan 180C/gas 6. Boil the potatoes for 10 mins, then drain well.

Arrange on a baking sheet, then crush each one lightly with a potato masher. Drizzle with olive oil and sprinkle with paprika, sea salt and freshly ground black pepper. Bake for 20 mins until crispy. Seriously delicious.



FLOODED NUNNINGTON, 2005

Although this favourable sunbathing and growing weather does bring a big risk to the potato crop, and that is BLIGHT. Which means Jim is kept busy on the sprayer with weekly visits for blight prevention.

#### Potato Quiz of the Month

**Q: What do you call a person that spends a long time sitting and peering into the garden?**

A: An MediTator!

**Q: How would you describe an angry potato?**

A: Boiling mad!

**Q: What kind of girlfriend does a potato want?**

A: A sweet potato!

Stay safe, have a fab summer, and look out for harvest news in September.

**Stephen Rooke**

## Farming News 2

### News from David Wilson at Jubilee Farm



GLORIOUS RAYS OF SUNSHINE REFLECTED IN LUSH ROWS OF SILAGE

### Silage and shearing

There is much to love about springtime and early summer as nature bursts into life. The pastures can grow faster than the stock can make use of them.

#### Silage

Silage making stores the precious grass pasture for later in the year preventing its waste. The grass is effectively 'pickled' and fermented to keep as much of the nutrients (such as sugars and proteins) as possible. This is done by wrapping large round bales tightly in plastic film which can be stored and used to feed the stock over the winter months.

Have you ever eaten a juicy forkful of sauerkraut? It is incredibly good for you. It is the same technique behind sauerkraut's production that inspired German farmers of the 1870s to use fermentation to preserve pasture for their animals. Silage certainly has a long history.

### The joys of geese and sheep

The goslings have grown considerably over the month and are now out enjoying free range of the farm and paddock.



OUR FREE RANGE GOSLINGS

June also saw the sheep heading back indoors briefly for a quick short back and sides! Who would have thought the day would come when the sheep around Nunnington would have better haircuts than the locals!

It was amazing to watch Dave Wilson shearing his flock with his trusted clipping machine, bought back in 1974 when he left school for the costly sum of £125! Money well spent as he has successfully clipped over

100,000 sheep over the years, not only on his own farm but for other farmers too.

The most clipped in one day being 236...now that is what you call a hard day's work! They certainly returned to the fields looking much happier and cooler after shedding an approx. 2.5kg of fleece.

July and August will see Dave and John in full swing harvesting the crops. Please give them a wave and a thumbs up.

**Tracey Phillips (words & photos)**



DAVID WILSON

## Natural Nunnington 1

### The weather - that natural phenomenon that we all love to talk about!

#### Let's talk about the weather!

Somebody said recently that we, the English, are always talking about the weather (when we aren't talking about Covid).

We certainly did in the summer of 1976 when we had drought conditions. I remember asking the Rev'd Gwyn Jones, the much loved Rector of Stonegrave and Nunnington, if we should pray in our churches for rain.

'Oh,no,' he said, 'they haven't got the hay cut yet.'

A few weeks later and still no rain. I asked him again if we should pray for rain.

'No, people will be going on their holidays soon.'

More weeks passed, and still no rain. So I asked him again and he answered. 'No, they'll be harvesting soon.'

Then September came and he and his wife went to Scotland on holiday. I took the chance and offered a prayer for rain at Matins.

God answered the prayer and sent very heavy rain, causing widespread flooding.

The following Sunday I offered a prayer of thanksgiving for the rain. As people left the church, Mrs.Hayton of the Mill Farm, Nigel's mother, said to me, accusingly,'You know, Nurse, it's very wet down at the Mill!'

**Margaret Timbrell**

July / August 2020 (amended)

#### Our Weather Station

For all of us, the weather plays an important part in our lives. Take the recent driest May on record. It was a real bonus for our gardens and time at home during the lock-down. It may have had a positive impact on your sense of well-being and yet it may also have had delayed things for the farming community and added further challenges to the lock-down restrictions. Further, it could well have an impact on our wildlife and fauna for months. Undoubtedly, the progress of the seasons is vital to our livelihoods and communities.

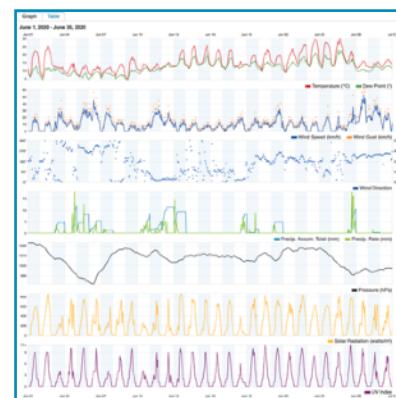


Did you know that an automatic weather station operates 24 hours a day in Nunnington, recording our temperature, wind, pressure, rainfall, and sunshine?

This data feeds into an international database recording the weather every minute of the day and can be seen by anyone, for free, on the [Wunderground website](#) and app, using the station's ID, IUNITEDK315.

Living by the river in a property prone to flooding, the app will be very helpful especially if heavy rains are forecast!

Apart from the current weather conditions you can get an accurate ten day forecast compiled from the 250,000 weather stations in the network. The website also provides a detailed historical record (June is shown in the photo).



OUR JUNE WEATHER

So wherever you are in the world, follow our weather in Nunnington on the Wunderground site or app; simply search IUNITEDK315.

**Andrew Phillips**

#### Goats and sheep in 1976

Margaret's article about the summer of 1976 puts me in mind of Joanna Cannon's book, *The Trouble with Goats and Sheep*. The book is set in a Northern town during the sweltering summer of 1976. The goats and sheep of the title refer to the parable in St Matthew's Gospel, which forms a sinister undertone throughout the book.

Worth a read, not least for a taste of what summer can be like!

**Jeremy Deedes**

## Natural Nunnington 2

### Dragons in Nunnington



Recently whilst quietly having a coffee break in our conservatory, a movement caught my eye. Thinking a bird had flown in I was surprised, and pleased to see a dragonfly. It was a broad bodied chaser, *Libellula depressa*, a species we have not seen in the garden before. We put it on a branch across our pond and after a while it flew off. Hopefully more of this species will visit the pond.

Previously we have occasionally seen a Southern hawker, *Aeshna cyanea*, flitting about and on two occasions found a dead one. After making our small pond in 2017 we hoped it would attract more dragon and damsel flies but not so far. One Southern hawker did lay eggs in the damp moss below 'The Dribble Falls'. Hopefully some eggs hatched and the nymphs made their way into the pond. The nymphs of this species take one or two years before developing into adults. Perhaps we shall see some dragons emerging this summer! **Roger Hammon**

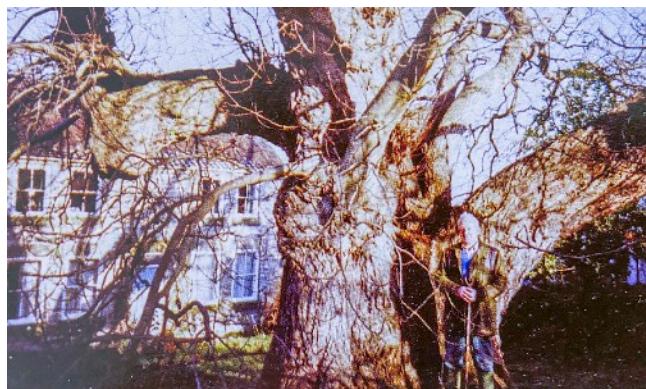


### The Jubilee Farm Walnut Tree

You cannot miss the fine *Juglans Regia* (Common Walnut) half way down Church Street on the west side. The tree grows wild from the Balkans to Japan and probably reached Britain in the Neolithic Age. Walnut trees dislike sticky or waterlogged ground - which, standing on a slope, may help to explain our tree's vigour.

I invited the Tree Register to formally record the tree in 2005. It turned out to be the stoutest walnut tree in the country with a 25 foot girth. In 1950 my father estimated its age as 250 to 300 years. Using a formula based on its girth, David Wilson reckons it is about 450 years old. Either way, it is undoubtedly the oldest living inhabitant of Nunnington and appears to be in rude health. I expect it to see out my children and grandchildren - and quite possibly their grandchildren too!!

We planted one of the tree's offspring in the Churchyard to celebrate the Millennium and, over the years, I have transplanted many others into the hedgerows around Nunnington and the gardens of my friends.



JOHN WILSON UNDER THE WALNUT TREE IN 2005 (L) AND THE TREE THIS YEAR (R)

**Andrew Clive**

## Natural Nunnington 3 - Nellie's Blog

### In which Holly and friends come to visit, and we see treecreepers



**NELLIE AND HOLLY**

As Lockdown started to relax, I was excited to hear mum say that I could have some friends around to play... I could not wait!

Two baby rabbits, an exceptionally large beetle and some funny looking baby birds all visited me in my garden giving me hours of fun.

#### *Mum doesn't like my friends*

Funnily enough, Mum was not too impressed with my newfound rabbit friends! She was not happy with the mess we had all left on her vegetable patch and the flower border...we were only playing hide and seek! They are now back in lockdown after Dad repaired the fence! He is such a spoil sport.

This week my wee Scottish friend Holly came to visit. She is a Yorkshire Terrier and not a Scottish Terrier for some reason! It was an extremely hot day so I took her for a socially distanced walk and swim along the riverside and then back to mine for a bite to eat and a well-deserved nap.

When the baby Treecreeper chicks fledged from their nest in our Stressed Willow Tree, I was

**July / August 2020 (amended)**

under strict instruction to sit quietly and just watch... no hide and seek was allowed! Mum grabbed her camera and we sat and watched them for hours.

These tiny birds live and breathe trees. You can spot Treecreepers scuttling up branches looking for a tasty morsel to bring to their nests. They are mottled brown in colour, with light streaks and white underparts. Their feathers help them to easily blend in with the trees they climb.



(CLOCKWISE FROM LEFT: FEEDING TIME; SWIM TIME; BABY TREETREEPEPER; COCKCHAFER

They have a white stripe above the eye and a long, thin beak which curves downwards. Their stiff tail is used like an extra limb to help brace against vertical trunks.

#### *Breeding treecreepers*

Breeding begins in April. The nest is constructed with spiders' webs, grass, moss and feathers and wedged into a crevice, usually between a tree and loose bark. Clutches are usually of five to six eggs. Chicks fledge at around 15 days old but will

return to the nesting site for a few days to be fed by their parents.

They creep up trees, exploring bark and crevices, using their long, sharp beaks to pick out insects such as earwigs. Once they have reached the top of the trunk, they will often fly down to the base of another and repeat their upward climb. They might also feed on seeds during the winter months when invertebrates are scarce.

Treecreepers are quite common birds; it is just that they are hard to spot. Movement gives them away – look for them on tree trunks climbing upwards. But approach quietly: when Treecreepers are disturbed they freeze where they are, blending into patterned bark. Their song is so quiet and could be mistaken for insect noise.

#### *Did you know?*

Treecreepers only ever climb up trees, never down. They are homebodies; and stay in their own small territories, some sticking to only one tree!

#### **Nellie (aka Tracey Phillips)**



**BACK HOME FOR A REST!**

## Historic Nunnington

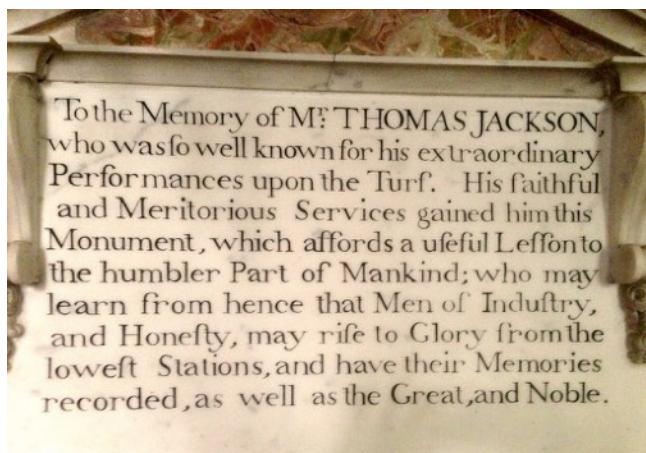
### In days of old, Nunnington had its own racetrack and hero of the turf

#### Thomas Jackson

On the north wall of Nunnington Church is a marble memorial that reads:

*"To the Memory of Mr Thomas Jackson who was so well known for his extraordinary performances upon the Turf. His faithful and meritorious service gained him this Monument which affords a useful Lesson to the humbler part of mankind who may learn from hence that men of Industry and Honesty may rise to Glory from the lowest station, and have their memories recorded as well as the great and noble."*

It was reported in 1824 that the memorial was placed in the church, presumably with the permission of the Curate, without the knowledge of the Rector. The words of the epitaph, in such contrast to the usual 18th century fulsome descriptions of moral perfection, excited the indignation of the Archbishop of Dublin when visiting his nephew Edward Cleaver, the Nunnington Estate Agent.



THOMAS JACKSON'S MEMORIAL PLAQUE

How fortunate we are that authority to erect the memorial was not sought, so that we are able to fully appreciate it today.

Thomas Jackson was born near Thirsk in 1704, was brought up at Black Hambleton and was eventually "crowned with laurels at Newmarket". [He is not to be confused with the other Thomas Jackson, whose family has its own memorial in the south wall of

Stonegrave Minster. He was the Steward to the Graham family for nearly 50 years (and the predecessor of Edward Cleaver), lived in The Lodge at Nunnington and died in 1702].



THE INSRIPTION READS: 'VIEW FROM CAULKLEYS BANK TO NUNNINGTON'

Horse racing had been encouraged by Charles II and became very popular in the early 18th century. Nunnington had its own race course along the top of Caukleys Bank, with a grandstand at the Stonegrave end, and no doubt this was where Jackson earned his first laurels.

Jackson died in 1766 and he is buried in the centre aisle of Nunnington Church, as the inscription on his grave slab says: "worn out in the service of his friends".

In the June edition of the Nunnington News I mentioned the last giant worm, some seven feet long, that was said to have been killed on Caukleys Bank around 300 years ago. You may have noticed the handful of very old Scots Pines on the top of Caukleys Bank. These trees can live for 250 to 300 years and must have lined the racecourse.

I like to imagine those few gnarled survivors recalling the cheers ringing out for the Nunnington Jockey - and the last giant worm wriggling away to hide!

**Andrew Clive**

## Creative Corner 1

### THE CABBAGE PATCH

We have just had the longest day of the year and the garden is full to bursting.

At last the daffodil and tulip leaves and stalks are dying back. The price we have to pay for a good display is to leave the foliage untouched and now is a good time to sprinkle Growmore around the bulbs for extra energy and plenty of flowers next year.

So often you see trimmed off or knotted stalks to keep the bed tidy, which prevents the goodness flowing back to the bulb, leading to poor growth next year.



SUMMER FLOWERS

If you don't want the dying leaves in your flower bed, try growing your daffs and tulip in pots. Mice love tulip bulbs so this is a good idea anyway.

In Spring, bury the pot in the bed then take out and leave the foliage to wilt during the summer. Feed and water. Re-pot in fresh compost in the autumn.

In the vegetable garden, start sowing purple sprouting broccoli and spring cabbages. Invaluable next Spring when fresh garden vegetables are in short supply.

**Sally Stewart**

July / August 2020 (amended)

### Not a pub quiz

However, with two months before the next newsletter, we felt we should give you plenty to exercise your brains over the summer. Thanks, as always, to our contributors.

### Numbers and letters quiz

Even if you've seen this before, we bet you won't get all the answers, simple as it may seem!

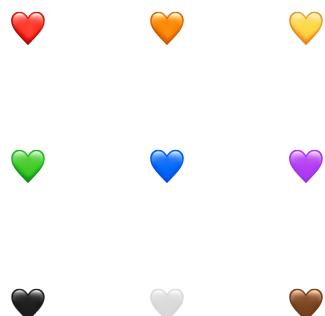
100 Y in a C = 100 Years in a Century

- 9 P in the S S =
- 76 T in the B P =
- 12 M of a J =
- 54 C in a P of PC =
- 10 G B H on a W =
- 366 D in a L Y =
- 12 S of the Z =
- 18 H in a R of G =
- 0 R in a M O =
- 3 G in a H T =
- 7 W of the W =
- 11 P in a F T =
- 26 L of the A =
- 60 S in a M =
- 6 W of H the E =

**Claire Bulmer**

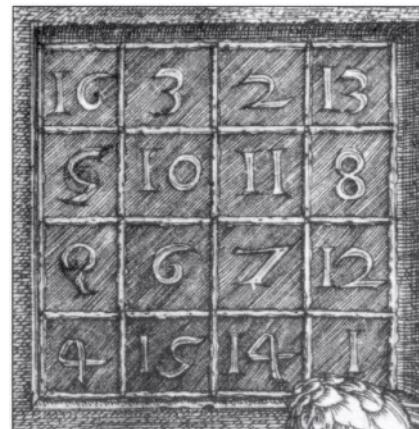
### Think out of the box (hint)

Join the hearts. The **only** rules are: 1. Use four straight lines; 2. Do not lift your pen; 3. Do not retrace your path. Good luck.



### Think in the box

Magic squares first appeared in China over 2,200 years ago. They have acquired magical or mythical significance, and frequently appear in works of art. The photograph shows the magic square in a famous Albrecht Dürer woodcut from 1514.



Solve your own squares. Start with the simplest, a 3x3. The challenge is to fill the boxes with the numbers 1 to 9 so that each column, row and diagonal adds up to the same number, known as the 'Magic Constant'. The trick is to calculate this first.

When you think about it, it can only be a combination of the numbers themselves (1-9) and the number of rows or columns (3). Once you have worked out the 'Magic Constant' think in terms of even and odd number patterns.

How many alternative answers are there? Think mirrors and reflections here.

When you have exhausted your 3x3, move on to 4x4, then 5x5, then ... well, the world is your oyster

**Charlie Clive.**

[www.nunningtonvillage.co.uk](http://www.nunningtonvillage.co.uk)

Page 10

## Creative Corner 2

### Kitchen creations

Here are two wonderful recipes, from Pam and Nidd.

#### **Chocolate Yoghurt Cake**

Given to me by my daughter Caroline-a favourite family recipe.

##### *Ingredients*

- 4 oz self-raising flour
- 1 oz cocoa powder
- 2 oz butter
- 3 oz castor sugar
- 5 oz plain yogurt
- 1 oz raisins (if liked)
- 1 beaten egg

##### *Method*

Sieve flour, rub in fat, add the rest of ingredients. Place in sponge cake tin (approx. 8ins.). Bake at 350F /180C / gas mark 4 for approx: 25 minutes. When cool slice in two.



##### *Icing ingredients*

- 3 oz Yogurt
- 4 oz Chocolate

##### *Method*

Melt chocolate, cool slightly, add to yogurt & allow to cool.

Sandwich cakes together with half this mixture and cover the top with the rest. Decorate if you want; otherwise, just eat!

**Pam Bilton**

July / August 2020 (amended)

### Nidd's Ginger Biscuits



##### *Ingredients*

- 125g butter
- 350g self raising flour
- pinch of salt
- 200g caster sugar
- 75g finely chopped stem ginger
- 1 tbs ground ginger
- 1 tsp bicarbonate of soda
- 75g golden syrup
- 1 beaten egg

##### *Method*

Sieve flour, salt, sugar, ground ginger and bicarbonate in a large bowl and then add the chopped stem ginger.

Melt butter and syrup in a pan and leave to cool slightly. Then pour into the dried mixture along with the beaten egg and mix into a dough.

Form 30 small golf ball sized balls and place on a baking tray well apart. Press down to flatten a little. Bake at 150 (Fan) Gas mark 3 for 15-20 minutes.

Once cooked place on a cooling tray and biscuits will harden.

Don't like ginger?... replace with Chocolate powder and chocolate chips. Scrummy with a cup of tea either way.

**Nidd**

### Organ music

Live music has been in short supply over recent weeks. No concerts. No festivals. No Glastonbury. 😢😢😢

So it's wonderful that Dan Healey, an excellent musician who has played and taught the organ for most of his life, will play for part of the time that our church is open on Sundays. It will be a pleasure to listen to him.

### Ladies who type

Talking of church, we see that our beloved ladies who type church bulletins around the world have been back in action again, with slightly disastrous results.

- *The pastor would appreciate it if the ladies of the Congregation would lend him their electric girdles for the pancake breakfast next Sunday*
- *The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.*
- *Low Self Esteem Support Group will meet Thursday at 7 PM . Please use the back door.*
- *The eighth-graders will be presenting Shakespeare's Hamlet in the Church basement Friday at 7 PM. Everyone is invited to attend this tragedy.*
- *Weight Watchers will meet at 7 PM at the First Presbyterian Church. Please use large double door at the side entrance.*
- *Don't let worry kill you off - let the Church help.*

## For the spirit

**'My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humour, and some style.' Maya Angelou**

### In this together

In this closing week of June, we marked both the Feast of the Apostles and Martyrs, Peter and Paul (29th June). Peter has often been called the 'Prince of the Apostles' because of the words of Jesus re-naming him from Simon to Cephas - the Aramaic form of the Greek word Peter, which means 'rock'.

Jesus said that on this rock he would build his Church. Peter and Paul came to be seen as having different roles to play within the leadership of the Church: Peter in witnessing to the Lordship of Christ and Paul in developing an understanding of its meaning for Christ's followers. Peter and Paul have been remembered jointly on this day since the very early days of the Church, it being regarded as the anniversary of their martyrdom in Rome in about the year 64.

As we remember Peter and Paul I am reminded with thankfulness of the lively ecumenical dynamics of our corner of Ryedale 'being' the Church.

#### **Local ecumenical partnership**

Our Parish Church in Nunnington is part of the Kirkdale Benefice family of Churches. Kirkdale Parish, which includes both St Gregory's Minster and St Hilda's, Beadlam, has enjoyed over 25 years of being in a 'Local Ecumenical Partnership' with the Methodist Church and is administered by the Kirkdale

Joint Church Council. The Abbot of Ampleforth is Patron of the Friends' of St Gregory's Minster.



**REVD SUSAN BINKS**

The Benefice is actively involved in the life and witness of the 'Ryedale Christian Council' whereby all the Christian traditions come together. This is expressed in

- the coming together in the Songs of Praise service to mark the Week of Christian Unity
- support of Christian Aid
- the offering together of the Hospitality Tent at Ryedale Show
- the bi- annual Conference usually held at Ampleforth Abbey which addresses challenging ethical concerns
- the provision of 'It's your Move' to all primary school leavers as they move to their Secondary Schools - a supportive booklet printed by the Scripture Union.

**Rev Sue Binks**

**01439 770 523**

**[binksharome@btinternet.com](mailto:binksharome@btinternet.com)**

**[www.nunningtonvillage.co.uk](http://www.nunningtonvillage.co.uk)**

### Twelve life truths

Author Anne Lamott, often described as 'the people's author' for her openness and self-deprecating humour, writes on the themes of Christianity and human failings. Lamott offers these life truths in her [TED talk](#):

*All truth is a paradox. It's filled simultaneously with floods and babies and acne and Mozart.*

*Most things will work again if you unplug them for a minute*

*Help is an inside job; you cannot buy or date peace of mind*

*Our help is not very helpful; more often, it just becomes the sunny side of control*

*People save themselves only when they hit rock bottom*

*Being full of affection for one's self is home*

*Chocolate with 75 percent cacao is not actually a food*

*The only way to create is step-by-step with God-awful first drafts*

*Temporary creative successes are events you have to recover from*

*Grace is spiritual WD40 and God loves Vladimir Putin and me as much as your new baby.*

*God just means goodness - it's not that scary or complicated.*

*Death is as sacred as birth; don't worry about it, just get on with your life.*

**Jeremy Deedes**

## Newsletter Update

### A few comments and news about the newsletter, website and Facebook Group

#### Letters from America

We are proud and pleased to be able to publish letters received from two readers living in the United States.



##### *From Nina Shopalovich*

Hi, Nunnington!

I've considered myself an honorary resident of Nunnington for the past 20 years, and I believe that the Knysna House guestbook, in which my name appears with alarming frequency, supports this credential. My long friendship with Clang and Jeremy Deedes, Nicki Clive, the gone but never forgotten Mary Clive, and my god-mothership of Alexander Deedes are my ties to Nunnington.

The village itself is so captivating that just reading the newsletter with its photos (prettier than any postcards) and news gives me pleasure. I particularly enjoy Nellie's blog, the postings from the small local shops (of which we have practically none here in the Boston suburbs) and the farming news. It all gives an impression of an interesting, united and happy village, which during these tumultuous months seems particularly lovely. Thanks for sharing your newsletter with me, and many good wishes from Ashland, Massachusetts. Nina.

##### *From Clare Dickens*

Dear Nunningtonians,

For three months now I have been receiving your newsletter with anticipation and glee! The entire time we have been in lockdown. While I wanted at first to write and thank Clang, Jeremy and Tracey for an extraordinary renaissance, I decided that all of you needed to be thanked too. I married an American, and I have been living here ever since - 40+ years. I yearn for the LOOK of the English countryside, a village garden, Union Jack pennants, broad bean advice, a new, simple recipe, some spiritual comfort.....you provide me with it all and more! I must not forget those lovely photos - provided by the late Mary Clive, my dear friend from our schooldays, and the reason I first visited Nunnington aged seventeen, and many times since. Bless you all for bringing a huge smile to a homesick Brit at the beginning of each month. Thank you! Clare.

#### Newsletter update

We have combined the July and August editions, so our next newsletter will be the September edition. The copy deadline is 25 August. Please keep those wonderful contributions coming in, short and concise please, with plenty of photos. Share on our website and FB group. [tracey@ryedalephotography.com](mailto:tracey@ryedalephotography.com) or [clang@deedes.com](mailto:clang@deedes.com).

#### The Team

##### *Editors*

Clang, Tracey Phillips

##### *Design, subbing, production*

Jeremy Deedes

##### *Printing*

Ian Macpherson, The Retro Emporium

##### *Digital distribution*

Tracey Phillips

##### *Paper distribution*

Roisin Clive, Jean Cooke, Maggie Dickinson, Josie Jack, Alan Richardson, Jane Rutter.

##### *Nunnington website*

Mary Thew

##### *Parish Facebook Group*

Fran and Clive Osborne

##### *July contributors*

Susan Binks, Claire Bulmer, Clang, Andrew Clive, Jeremy Deedes, Roger Hammon, Tracey Phillips (and Nellie), Stephen Rooke, Sally Stewart, Margaret Timbrell.

Thank you everyone, especially **The Retro Emporium** for donating the paper and ink.

##### *The digital edition*

Over a hundred people around the world now get the News online. Email Tracey to subscribe for free.

[tracey@ryedalephotography.com](mailto:tracey@ryedalephotography.com)

**Again we ask you to opt for the digital edition to save printing costs.**

## Pandemic Update

### What little help we can give on the changes to Lockdown taking effect in England from 4 July

A host of new rules come into force in England on **Saturday 4 July**, some (but by no means all) we have reproduced here from the UK Government website. We hope this helps, but please bear in mind that you should always refer to an authoritative source, especially if you are confused and as things change. Our source is:

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do-after-4-july>.

### Gatherings, public spaces, and activities

#### From 4 July you can:

- meet in groups of up to two households (your support bubble counts as one household) in any location - public or private, indoors or outdoors. You do not always have to meet with the same household - you can meet with different households at different times. However, it remains the case - even inside someone's home - that you should socially distance from anyone not in your household or bubble. This change also does not affect the support you receive from your carers
- when you are outside you can continue to meet in groups of up to six people from different households, following social distancing guidelines
- additional businesses and venues, including restaurants, pubs, cinemas, visitor attractions, hotels, and campsites will be able to open - but we will continue to keep closed certain premises where the risks of transmission may be higher
- other public places, such as libraries, community centres, places of worship, outdoor playgrounds and outdoor gyms will be able to open
- stay overnight away from your home with your own household or

support bubble, or with members of one other household

It will be against the law to gather in groups larger than 30 people, except for a limited set of circumstances to be set out in law

#### You should not:

- gather indoors in groups of more than two households (your support bubble counts as one household) - this includes when dining out or going to the pub
- gather outdoors in a group of more than six people from different households; gatherings larger than 6 should only take place if everyone is from just two households
- interact socially with anyone outside the group you are attending a place with, even if you see other people you know, for example, in a restaurant, community centre or place of worship
- hold or attend celebrations (such as parties) where it is difficult to maintain social distancing
- stay overnight away from your home with members of more than one other household (your support bubble counts as one household)

### Leaving home

When you leave your home, you should follow the [guidelines on staying safe outside your home](#). As

businesses reopen and people begin to socialise more regularly, everyone should continue to socially distance from people they do not live with or are not in their support bubble, and should wash their hands regularly. This will help to protect you and anyone you come into contact with and is critical to keeping everyone as safe as possible.

### The clinically vulnerable

Although clinically vulnerable people can meet people outdoors and, from 4 July, indoors, you and they should be especially careful and be diligent about social distancing and hand hygiene. Never take a chance on visiting a clinically vulnerable person if you think you have COVID-19 symptoms, however mild.

### Travel

You can travel irrespective of distance, but you should take hygiene and safety precautions if using services on the way. You should continue to avoid using public transport and should cycle, walk or drive wherever possible.

If visiting other parts of the UK - Scotland, Wales and Northern Ireland - you must adhere to the laws and guidance of the devolved administrations at all times.

### Places of worship

Places of worship can open for services and group prayer. You should follow SD guidelines.

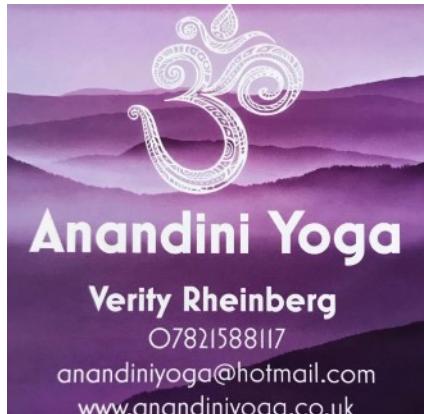
We have reproduced the contents of the website without amending any wording. However, we have had to omit much due to lack of space. We reproduce some of the Government guidance in this newsletter purely as a public service and regret we cannot be held responsible for any hardship or injury incurred if you rely on this article. If you are in any doubt at all, refer to the Government website or ask a professional or authorised individual. Take care.

## Notice Board

### J & C Graham

Painters and Decorators  
DECORATION-RESTORATION-DESIGN  
SPECIALISING IN BESPOKE CABINET,  
FURNITURE AND KITCHEN PAINTING

For enquiries  
Tel 07956441667  
Office 07443523284  
Email [Jon.jgdecorator@gmail.com](mailto:Jon.jgdecorator@gmail.com)



**Anandini Yoga**  
**Verity Rheinberg**  
 07821588117  
[anandiniyoga@hotmail.com](mailto:anandiniyoga@hotmail.com)  
[www.anandiniyoga.co.uk](http://www.anandiniyoga.co.uk)

Online LIVE yoga classes from the comfort of your own home are now available.  
 For more information and access to classes please contact  
 Verity at [anandiniyoga@hotmail.com](mailto:anandiniyoga@hotmail.com)



### Lush & Lang

Fabulous flowers  
for special occasions

Speak to Clang on  
01439 748 385 or visit  
[lushandlang.com](http://lushandlang.com)  
 to see our work.



**THE RETRO EMPORIUM LTD.**

**Vintage & Contemporary Games & Toys - Vinyl Games Consoles**  
**TOP RATED - FIND US ON**  
  
  
[Seller Ratings.com](http://SellerRatings.com)

Hand-crafted Beers  
from the North York Moors



If you would like to learn more about our beers call into our brewery on Bridge Street Helmsley

Call Kyle on 07772835959  
 Visit [www.helmsleybrewingco.co.uk](http://www.helmsleybrewingco.co.uk)

**D I COOKE & SON**  
(Est'd 1962)

**PLUMBING & HEATING**  
 NUNNINGTON  
 TEL: 01439 748252  
[admin@dicookeandson.co.uk](mailto:admin@dicookeandson.co.uk)

**GAS SAFE AND OFTEC REGISTERED**

All types of plumbing and heating work undertaken including central heating installation, underfloor heating, solar panels and air source heat pumps.

**Why wait?  
 Sign up now for our window cleaning service.  
 Did you know, we also clean conservatory roofs?**

**Based in Helmsley.  
 Established in 2010.**


**ryedalecleaners.co.uk**  
**office@ryedalecleaners.co.uk**  
**07856 087653**



**Nunnington Cottages**  
 Self Catering  
 Luxury Country Holiday Accommodation

**Post Lockdown Re-Opening**

Looking for additional space for your Family & Friends to stay?

Why not book one of our luxury Cottages in the village of Nunnington.

**Newsletter Reader Offer**  
 15% Discount on any 2020 Stay

Enter Code N8264  
Cannot be used in conjunction with any other discount

[www.nunningtoncottages.co.uk](http://www.nunningtoncottages.co.uk)



## Nunnington Diary and Services

### Church Services



Our church is now open for private prayer between **10:00 and 12:00 on Sundays**. Horray!

We will celebrate our first collective service on **Sunday 25th July**, the Patronal Festival of our church which is dedicated to All Saints and St James. In the meantime, Sue Binks will continue to post a **Sunday Reflection and Prayers** on the Benefice Website at [www.kirkdalechurches.org.uk](http://www.kirkdalechurches.org.uk).

Sue also prays each day for the parishes she serves by village, by hamlet, by street, by farm and for each and every parishioner.

**Ampleforth Abbey** now live stream the Monastic Office and Sunday Mass, a chance to pray, listen to calming plainchant and inspiring organ music.

<https://www.ampleforth.org.uk/abbey/service-times>

New opening and service arrangements to be confirmed.



July / August 2020 (amended)

### Church 100 Club

No numbers this month (see the article in Parish News on page 3)

### Our Weather

Nunnington's weather station ID is **IUNITEDK315** and provides a ten day forecast, today's weather and years of historic data.

See the full article on page 6.



### Mobile Post Office

The mobile Post Office is back to visiting the village twice a week. Helen or Jill will be in Nunnington Low Street on the following times

**Tuesday, 3:15 to 4:15 pm  
Thursday, 8:30 to 9:30 am.**

All Post Office business is transacted and the Post Office is an agent for most banks.

### Nunnington Hall

The Hall plans to re-open the Walled Garden in a safe way. See <https://www.nationaltrust.org.uk/nunnington-hall> for updates

[www.nunningtonvillage.co.uk](http://www.nunningtonvillage.co.uk)

### Recycling collections

Recycling and household rubbish is collected on alternative Fridays. Garden recycling is on a Tuesday morning. Leave bins out by 6 am.

**Fri 3 July:** Household

**Fri 10 July:** Recycling

**Tue 14 July:** Garden

**Fri 17 July:** Household

**Fri 24 July:** Recycling

**Tue 28 July:** Garden

**Fri 31 July:** Household

**Fri 7 August:** Recycling

**Tue 11 August:** Garden

**Fri 14 August:** Household

**Fri 21 August:** Recycling

**Tue 25 August:** Garden

**Fri 28 August:** Household

**Sat (NB) 5 September:** Recycling

### September News copy

We welcome contributions including news, articles and photos. Please keep news items to under 100 words and articles to between 150 and 300 words.

**Copy date is 25 August!**

#### Tracey

01439 748404

[tracey@ryedalephotography.com](mailto:tracey@ryedalephotography.com)

#### Clang

01439 748385

[clang@deedes.com](mailto:clang@deedes.com)



Page 16